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Mon, 11 Jun 2018 18:14:00 GMT - Is a ketogenic diet safe for you? Is a ketogenic diet safe? Before you try this at home... First and

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Tue, 12 Jun 2018 22:30:00 GMT - Description. About the Book. Very low-carbohydrate (aka ketogenic) diets such as The Atkins Diet, Protein Power and The South Beach Diet have come and gone repeatedly over the years and there is currently great research and real-world interest in their effects.

The Ketogenic Diet â€œ Body Recomposition Store-

Fri, 15 Jun 2018 05:30:00 GMT - The 3-Week Ketogenic Diet is a simple, science-based diet that is 100% guaranteed to melt 7-19 pounds of stubborn body fat.

(3) The 3-Week Ketogenic Diet | Official Website | Lose ... -

Sat, 16 Jun 2018 22:18:00 GMT - I've put together a very low-carbohydrate Ketogenic Mediterranean Diet for loss of excess weight. Why ketogenic? Your body gets its energy from either fats, or carbohydrates like glucose and glycogen.

Ketogenic Mediterranean Diet | Diabetic Mediterranean Diet -

Thu, 14 Jun 2018 20:05:00 GMT - GLUT1 Deficiency Syndrome and the Ketogenic Diet ; What to Do When Your Child Grows Up and Still Needs the Diet? Continuing to Combat the Fear of High Cholesterol

Epilepsy Foundation -

Mon, 11 Jun 2018 15:22:00 GMT - For some children, the ketogenic diet may help reduce the number or severity of epileptic seizures they have.

Ketogenic diet for epilepsy | Epilepsy Society -

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Tue, 12 Jun 2018 02:35:00 GMT - A ketogenic diet is a very low carbohydrate, moderate protein and high fat based nutrition plan. A ketogenic diet trains the individualâ€™s metabolism to run off of fatty acids or ketone bodies.

NAVIGATING THE KETOGENIC DIET - Ketogenic | Dr. Jockers -

- A cyclic ketogenic diet (or carb-cycling) is a low-carbohydrate diet with intermittent periods of high or moderate carbohydrate consumption. This is a form of the general ketogenic diet that is used as a way to maximize fat loss while maintaining the ability to perform high-intensity exercise.

Cyclic ketogenic diet - Wikipedia -

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