

# CHINESE COMFORT FOOD RECIPES PDF

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### **Comfort food - Wikipedia -**

Wed, 20 Dec 2017 23:55:00 GMT - A tamale (Spanish: tamal, Nahuatl languages: tamalli) is a traditional Mesoamerican dish made of masa or dough (starchy, and usually corn-based), which is steamed in a corn husk or banana leaf. The wrapping is discarded before eating. Tamales can be filled with meats, cheeses, fruits, vegetables, chilies or any preparation according to taste, and both the filling and the cooking liquid may be ...

### **Tamale - Wikipedia -**

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