

# THE HIGHLY SENSITIVE PERSON PDF

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Tue, 19 Jun 2018 23:26:00 GMT - Origin and development of the terms. Elaine Aron's book The Highly Sensitive Person was published in 1996. In 1997 Elaine and Arthur Aron formally identified sensory processing sensitivity (SPS), the scientific term for highly sensitive or hypersensitivity, as the defining trait of highly sensitive persons (HSPs).

### **Sensory processing sensitivity - Wikipedia -**

Sat, 16 Jun 2018 05:15:00 GMT - Highly Sensitive and Creative is part of The Creative Mind series of sites by Douglas Eby : Information and inspiration for exploring your creativity and personal growth.

### **Being Highly Sensitive and Creative -**

Sun, 17 Jun 2018 11:19:00 GMT - Physical Traits of Highly Sensi"ve People The physical body of the Highly Sensitive Person also carries traits which reveal their sensitive nature.

### **e Highly Sensi ve Person Introductory Guide - Plum Turtle -**

Sun, 17 Jun 2018 19:40:00 GMT - Heidi Hanna identifies herself as a highly sensitive person, and presented a Stress Mastery Webinar in January 2018 on â€œstress sensitivity, anxiety and how to train for better resilience.â€